



SCHOOL



MENU!



Welcome to Archbishop Benson's Summer menu 2018. Our team in the kitchen- George, Korrine, Sally & Karen - hope you will enjoy eating with us as much as we enjoy preparing and serving your food. Please see one of us for dietary requirement advice.

WE HAVE FRESH FRUIT, MILK, SALAD & HOMEMADE BREAD AVAILABLE EVERY DAY



WEEK 2 26/2/18 19/3/18 23/4/18 14/5/18 11/6/18 2/7/18 23/7/18

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Roast Butternut Squash Soup (v)	Tomato & Basil Soup (v)	Leek & Potato Soup (v)	Tomato & Roasted Red Pepper Soup (v)	Chicken & Sweetcorn Chowder
Cornish Beef Lasagne	Butchers Sausages with Scrumpy Gravy	Lemon & Herb Roast Turkey With Gravy	Homemade Thai Fish Cakes with Steamed Rice, Salsa & Sweetcorn	Crantock Bakery Steak or Cheese & Onion Pasties
Vegetable Lasagne	Homemade Vegetable Sausage Roll with Gravy	Stuffed Pancakes with Cheeses Sauce	Crispy Baked Potato with a choice of fillings	Chips & Baked Beans
Mixed Vegetables & Focaccia	Mashed Potato & Seasonal Vegetables	Roast Potatoes & Seasonal Vegetables	Butterscotch Mousse with Banana	Cornish Fairings
Rhubarb & Apple Crumble with Custard	Organic Cornish Yogurt with Granola & Honey	Hot Chocolate Sponge		

WEEK 1 19/2/18 12/3/18 16/4/18 7/5/18 2/6/18 25/6/18 16/7/18

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sweet Potato Soup (v)	Spiced Lentil Soup (v)	Vegetable Soup (v)	Cream of Tomato Soup (v)	Chicken & Vegetable Soup
Homemade Sausage & Beef Meatballs in a Rich Tomato Sauce	Chicken, Leek & Bacon Pie	Roast Pork with Crackling & Gravy	Lamb Tagine with Warm Cous Cous Salad	Battered Cod
Quorn Bolognese	Creamy Vegetable Pie	Tomato & Cheddar Quiche	Hummus Wrap with Warm Cous Cous Salad and Feta	Poached Free Range Egg
Spaghetti, Mixed Salads, Fresh Parmesan & Focaccia	Mashed Potato & Seasonal Vegetables	Roast Potatoes & Seasonal Vegetables		Chips & Beans
Mandarin Orange Drizzle Sponge with Crème Fraiche	Banoffee Pie	Fruit Jelly with Ice Cream	Sticky Toffee Pudding with Custard	Chocolate Crispies

WEEK 3 5/3/18 26/3/18 30/4/18 21/5/18 18/6/18 9/7/18

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Creamy Broccoli Soup (v)	Tomato Soup (v)	Carrot & Coriander Soup (v)	Pea & Ham Soup	Spring Vegetable Soup (v)
Macaroni Cheese (v)	BBQ Beef Casserole	Honey Roast Ham with Gravy	Spanish Chicken & Chorizo with Steamed Rice	Homemade Pizza - Salami or Tomato & Mozzarella
Homemade Garlic Bread, Cured Meats & Salad	BBQ Vegetable Casserole	Cauliflower Cheese Gratin	Crispy Baked Potato with a choice of fillings	Chips & Baked Beans
	Mashed Potato & Garden Peas	Roast Potato with Carrots & Broccoli		
Pineapple & Maple Syrup Sponge with Custard	Meringues with Whipped Cream and Berries	Lemon Drizzle Cake	Strawberry Cheesecake	Chocolate Brownie

we love
SCHOOL
food

